

PRESCRIBING GUIDELINES FOR OCULAR LUBRICANT

1. Background

Ocular lubricants should only be prescribed when self-care is not appropriate as per [“Conditions for which over the counter items should not routinely be prescribed in primary care: Guidance for ICBs”](#)

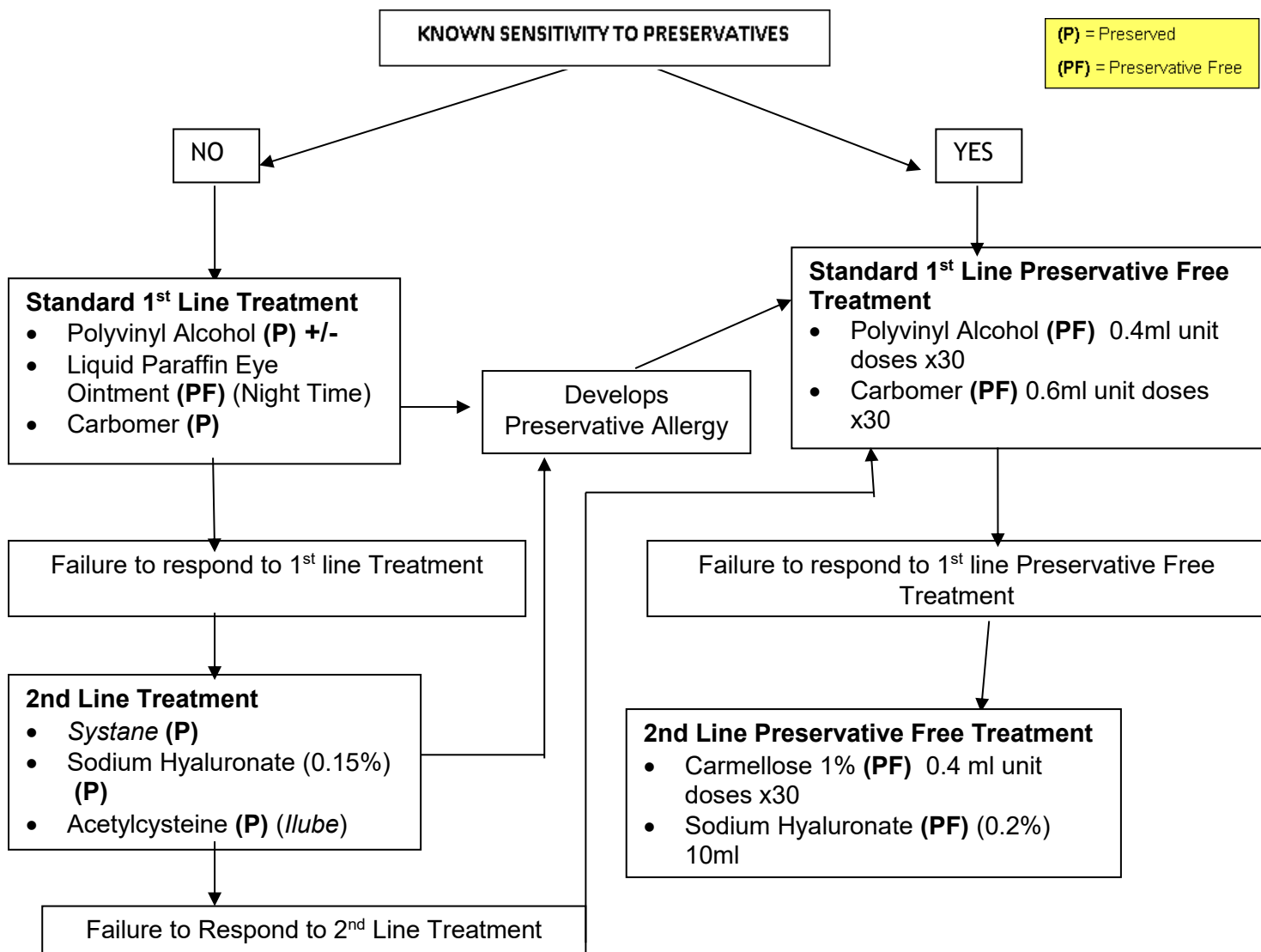
2. Dose/Duration

- Notes on flowchart:
 - All preparations listed are eye drops, unless otherwise indicated
 - All preparations are listed as generic
 - Brand name is listed in brackets for preparations where only one brand is available.
 - Where no brand is listed, more than one generic preparation is available and preparations with the lowest acquisition cost should be used
 - See BNF Section 11.8.1 for details (www.bnf.org)
 - If the information is not on the BNF, please refer to other relevant sources of information

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Humber Area Prescribing Committee



Document and version control	This information is not inclusive of all prescribing information and potential adverse effects. Please refer to the SPC (data sheet) or BNF for further prescribing information.		
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Version number	Author	Job title	Revision description:
1	Jane Morgan - HUTH	Principal Pharmacist - HUTH	Reviewed HERPC document