



Northern Lincolnshire
Area Prescribing Committee

>>>>>> May 2013

Introduction

In April, the APC made much advancement in the availability of treatments in Northern Lincolnshire. New medicines for common conditions such as angina are now available. Hopefully, the month of May will bring an improvement in weather so that the Northern Lincolnshire community will be able to 'get out and about' to explore some of the picturesque Lincolnshire countryside and attractions.

General Health

The APC is at the forefront of medicine advancements and is a Committee that has a commitment to improve the quality of healthcare and medicine availability in the Northern Lincolnshire region. This includes ensuring that all treatment options are the most advantageous that they could possibly be and that the population of this region has some on the best quality services in the UK.

The APC would also like to promote your general health and understanding. As mentioned in the introduction, Lincolnshire has some beautiful scenery combined with excellent public resources, including parks and leisure facilities. As part of a healthy lifestyle, try to ensure that you eat well and make the most of the facilities and landscape that are easily accessible. Research has clearly demonstrated that regular exercise and fresh air can make a large difference. For further information, please visit the NHS website: www.nhs.uk/livewell

New Treatments for Northern Lincolnshire

Ranolazine (brand name Ranexa) is a relatively new medicine that is used to treat angina. This is an add-on therapy for patients who are already receiving a first line angina medication, without complete symptomatic stability and control. This medicine is usually taken twice daily and has been shown to greatly improve the quality outcomes for patients with this condition.

Ulipristal acetate (brand name Esmya) is a medicine that will tend to be only used by specialists at the hospitals within Northern Lincolnshire. This is used to treat a condition called uterine fibroids. These are non-cancerous growths within the uterus. Small uterine fibroids may cause very few symptoms and not need clinical intervention; however, patients with larger ones may have pain and other systemic effects that mean that treating this condition as quickly and proactively as possible is essential.

Ciclosporin eye drops have been added to the Northern Lincolnshire Prescribing Formulary. These drops will only be used in hospital environments following certain procedures or when ophthalmic clinicians make a diagnosis that requires treatment with ciclosporin eye drops. This may improve the speed of recovery from many ocular conditions.

If you have any comments about the Formulary, please do not hesitate to get in touch. All the APC contact details are given on the website.

The APC is accessible online at www.northernlincolnshireapc.nhs.uk or just search for 'North Lincolnshire APC'. The Formulary is given on the website as well as other important information about medicines and prescribing across primary and secondary care in the region.

The Northern Lincolnshire Area Prescribing Committee represents:







Visit the APC online:

www.northernlincolnshireapc.nhs.uk

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